

Reflection.....Edevo November 17, 2022



DAILY DEVOTION

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Understanding Guilt

Conviction leads us to repentance so that we can experience God's forgiveness and joy.

Psalm 32:1-11

Guilt over doing something that violates the conscience is good. The Lord designed feelings of culpability and regret to serve as a reminder that we've done wrong and need to repent. In fact, without a sense of guilt, we'd never recognize that we're sinners in need of a Savior. And after salvation, guilt is the way the Lord shows us we're on the wrong path so we can turn back to Him in obedience.

Many in our culture claim that all guilt is bad, but that's not the case. When you feel its pangs, you probably know exactly what you did to set off your conscience. The proper response is to come to the Lord in repentance, as David did. Delay would likely mean feeling God's heavy hand upon you. But with confession, your sins are forgiven, your guilt is gone, and the joy of your salvation returns. (See 1 John 1:9.)

An amazing side effect of confronting guilt in this way is a willingness to be open about your struggles and failures. Through your experience, you can show others who are burdened with shame how they, too, can be set free and experience God's peace and joy.